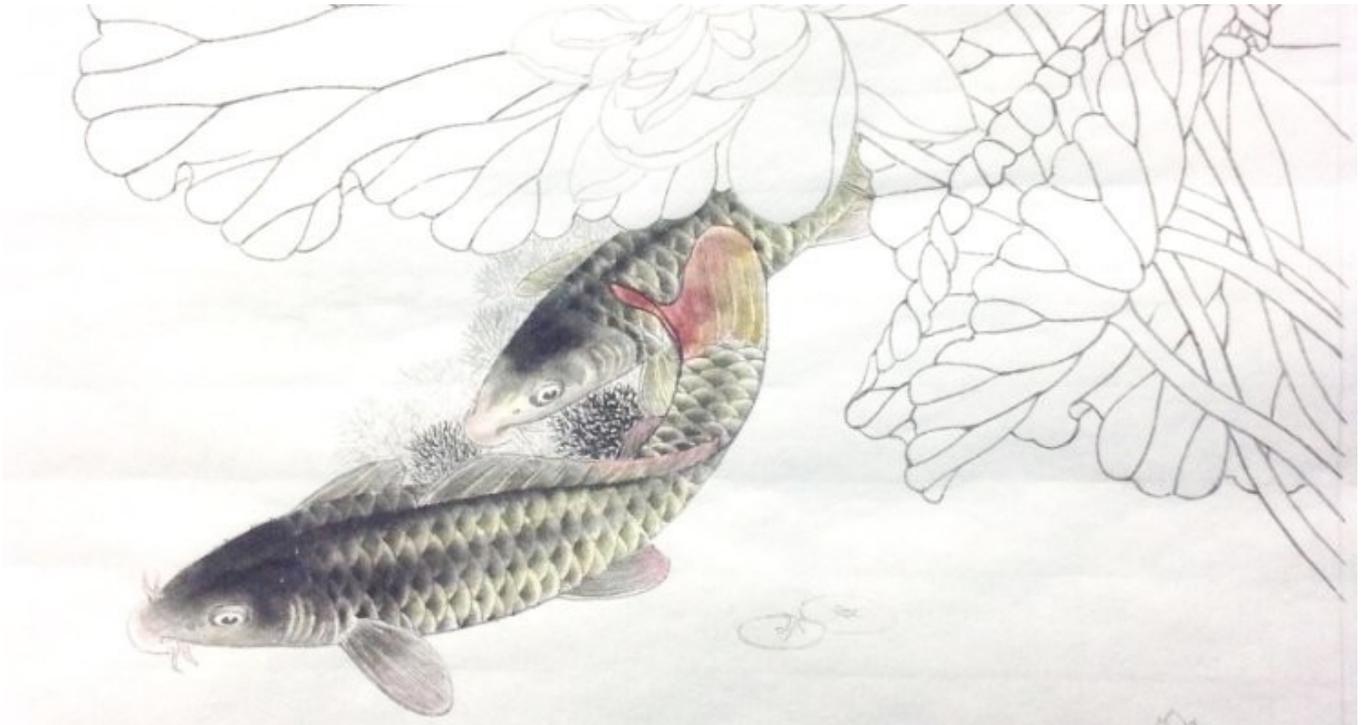


Speaking with eloquence and ease ...

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As a specialist in voice, personal presence and speaking live, for all occasions, I am frequently approached by people who are worried that their accent, pitch or tone lets them down. I am always sad to hear this, especially the confession, "*I hate my voice*".

Speaking with eloquence, whilst remaining at ease, is a birthright. Insecurities and poor production habits can be 'put right', or rather dissolved, surrendered and replaced with other ways, self mastery and the vital connection to the ideas you wish to express.

There are many false beliefs about Professional Voice Coaching – notions that range from intimidating Elocution Ladies who 'know the rules' and will 'elocute' you into sounding acceptable, to many strange contorting drama school exercises that, poorly explained, simply raise tension in the everyday person. The simple truth is that speakers are captivating, their ideas mesmerising, when the physical body is able to remain breathing

flexibly to be able to speak slowly, incrementally shaping words at a pace that best serves the listener, rather than a speaker's racing thoughts.

The following wise observation of Chuang-Tzu will illuminate ...

The purpose of a fish trap is to catch fish and when the fish are caught, the trap is forgotten. The purpose of words is to convey ideas. When the ideas are grasped, the words are forgotten.

For me, the most vital aspects - little known exactly how to do well - are vitality, variety, timbre and the resonance of individual sounds within your words, which actually carry and convey your meaning. Convincing speakers, great leaders and actors vocally 'craft and colour' various aspects of their ideas, without becoming unnaturally pushy, phoney or .. the word of the moment: '*fake!*'

The training I offer is called **True Communication** because, once experienced, the people I coach understand their own authenticity and find their own sounds, with ease. This can be developed creatively, imaginatively and/or technically. Best for you is to learn with a professionally-trained coach who also understands the demands of your realm, your applications, your audiences, your negotiations, your presentations, your broadcasts or roles. Having coached so many inspiring people over years, it is always intriguing when we discover together the life-changing moments that motivate, in the quest for calm self-mastery, connection to ideas and easeful attendance to releasing the sounds within your words.

A truly fascinating vocation that enables me to meet, understand and enjoy so many different people - as varied as the ways we express ourselves!

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