

## ENDORSEMENTS & COMMENTS

### AMBASSADE du GRAND-DUCHE de LUXEMBOURG

I have enjoyed working with Susan White who was recommended to me as a Voice Coach. The skills Susan taught me proved to be very powerful and effective, and I was impressed by the quick progress I made over a few sessions.

Susan's working practices were flexible to fit in with a busy schedule.

Furthermore Susan has a very pleasing and interesting personality and our work together was a most enjoyable experience.

I thoroughly recommend Susan as a Voice Coach and I wish her every success in her practice.

Martine Kommer ♦ Deputy Head of Mission, London

### LUCY WORSLEY

Susan of the Golden Voice has the magical gift of making you feel like you can develop your voice and presence to build communication skills, confidence and charisma. What Susan offers really works – it's also professional, polished and comes with excellent aftercare.

I wish I had met Susan years sooner.

She would have saved me from so much throat-straining and mumbling and, more importantly, she would have saved my colleagues and audiences from it too!

Lucy Worsley OBE ♦ Chief Curator HISTORIC ROYAL PALACES

Historian, Writer, Professional Speaker, Broadcaster

### HOUSE of LORDS

I was pleasantly surprised by the power of Susan's voice coaching to enhance my ability to project myself, my personality as a confident speaker and my message in the way best to influence my audience and carry them with me.

Susan is full of insights, which she is able to tailor flexibly and sensitively to meet both immediate and longer-term needs.

Part of the secret of Susan's success is that she deals with the whole person and not just the voice in a manner that is both supportive and easy to absorb and accept.

I thoroughly recommend Susan as a voice coach to anyone whose role demands that they be an influential speaker with key audiences.

Lord Low

### RICS — ROYAL INSTITUTION of CHARTERED SURVEYORS

Susan's warm, friendly and personable style enables her to convey a caring approach to the protection of my voice during a very hectic 12 months in my current role, which includes about 5 public speeches a week ....more than 250 in a year.

The tips Susan provides are really simple and easy to follow, although it does take commitment from me to remember to follow them, even though they are for my own good!

I thoroughly recommend Susan and her coaching for anyone with a heavy speaking schedule.

Barry Gilbertson ♦ RICS President 2005 & Partner PriceWaterhouseCoopers

I found our tailored Vocal Development Programme fascinating — all thanks to Susan's obvious mastery and love of her subject and her informal and direct style.

Mark Goodwin ♦ CEO's Special Adviser, RICS

## DAYS for INDIVIDUALS

One of the best training days I have ever experienced – thank you!  
Keen to do more and am looking forward to Day II.

Jonny Mallabar • IT Consultancy

Thank you for such an enriching and enlightening day last Friday.  
I truly enjoyed it very much and was able to completely let go and truly engage with it all.

Your method is absolutely fabulous  
and I did not feel at any point obliged to act or pressured or to pretend.  
It was very refreshing.

Myriam Blundell • [www.myriamblundell.com](http://www.myriamblundell.com)

Thanks for another wonderful day. What an interesting collection of people.  
The recital piece was astounding – at first I thought flawless and very moving –  
but somehow you managed to find ways of making it even better.

The day was about so much more than just voice coaching!

John Barton • Editor

I have always had problems with self-confidence, being in groups and speaking up.  
Finding through your Day One that I was actually able to stand up in front of a group  
and speak quite well was ... simply amazing!

I feel as though a *huge weight* had been lifted from my shoulders.

I have been practising all you taught us and, now, look forward to attending Day II + Summer Pause.

Eleanor • Civil Service

### BBC

I really enjoyed meeting the other people who had come from all sorts  
of interesting places to talk about and focus on their voices.

Susan communicates brilliantly and the voice exercises were easy but very effective.

The day was totally enjoyable, but too short.

I felt I would have got more out of a weekend, but overall I give the day a 10 out of 10.

Jane Gazzo • DJ BBC Digital Radio 6

Thank you for a very interesting and encouraging course.

A special thank you for giving me the confidence to reach the very evident success of the end.

Cordelia Harries • BBC Design Manager

### GMW ARCHITECTS

The venue and pace were relaxed and I liked the lack of pretension of 'busy-ness'.  
I found myself concentrating on the subject of the day, our voices, and really enjoying it.  
I hope I learnt too!

The small group is excellent, allowing a nice balance between being the centre of attention  
and quietly observing and listening to others.

Susan, you lead us with tact and honesty to give us something to work on,  
whilst being entirely encouraging.

Terry Brown • Senior Partner GMW & President ACA – Association of Consultant Architects

I thought I would let you know I accepted the offer of a job on Friday.  
I feel the input from your coaching was the icing on the cake, which allowed this to happen.

Kevin Flanagan • 2 weeks after Day One

## DAYS for INDIVIDUALS ... continued

My interest is in developing my voice to sound the best it can  
to reflect more of who I am in my day-to-day work and life.

Susan's Day I was a really good experience — I felt in *VERY* professional hands.  
I appreciated how welcome you made me feel and the way you created such a pleasant learning environment.

It was fun and I enjoyed working with the other chaps!

I have noticed I am paying more attention to what I am hearing already,  
and my daughter said she noticed a difference in my voice.

[Julie Dunmore](#) ♦ [Counsellor](#)

Thank you so much for your voice coaching — it was very, very helpful.

I am already feeling the difference by using your practices and techniques.  
I had one of my 3-day Pilates training courses and I applied certain things, such as:

being present, slowing down and clearly articulated speaking.

It did help and I wasn't nervous inside at all! It was wonderful!

Now I'd like to talk to you about your hypnosis and Day II coaching.

I am so, so happy I came to your Day I, I received so much from it.

Thank you so much.

[Olya Adamska](#) ♦ [Pilates Instructor](#)

Very surprised at the power and impact of this one day workshop  
– in such a small space of time my voice has grown and developed more than I ever thought was possible.  
Initially feeling out of my comfort zone, this was soon replaced with feelings of being relaxed and confident  
due to Susan's calming, understanding and extremely supportive manner.

Susan, thank you so much for this invaluable workshop,  
I now feel a connection to my voice – which I never thought was possible!

[Linda Connors](#) ♦ [Hypnotherapist](#)

Thank you so much for your kindness and encouragement during your Day I.  
It was definitely a thought-provoking and transforming experience; I certainly felt vocally empowered afterwards.  
I would also like to continue finding hitherto 'hidden' power in my voice by attending Day II.

Thank you again for last Wednesday.

[Joe Strachan](#) ♦ [PhD Researcher](#)

Thank you very much indeed for the Day I coaching — it was amazing!  
You do a wonderful job. Everyone in the group was really happy with it as well.

You make magic! I am very proud of the result too and enjoyed it very much.

Certainly, I felt exhausted at the end, but a good exhausted!

I was so glad to learn how to connect through my voice with the emotion of the message.

This gives me the motivation to re-listen to my pronunciation tapes, to practise and continue to develop.

[Maritza Gibbs](#) ♦ [Shipping Manager](#)

Thank you for a wonderful and rewarding day last Saturday.

I thought the whole group was so positive and empathetic towards each other,  
that I wondered whether I was fortunate being part of a group where the chemistry worked,

or whether your input always manages to bring this out in people?

False modesty not permitted!

[Jane McMahon](#) ♦ [Financial Adviser](#)

## DAYS for INDIVIDUALS ... continued

I found the exercises pushed me outside my comfort zone and I recall feeling nervous — exactly the reason why I had come to you.

However, since your Day something has changed.

I no longer get that a nervous lump in my throat and, although I'm aware of and work on my breathing, there's also been a psychological shift for me. I'd love to do some more work with you.

I have to speak at a meeting next week and feel more confident with my voice — thank you!

Otherwise it would have ruined my week worrying about it.

Also I am noticing things in other peoples' voices that I never heard before;

I now can hear when someone has '*an embodied voice*' — it's powerful!

You inspired me and I think of you when I focus on my voice.

Jacqui Sullivan

As a painter I spend long hours on my own,

yet when I teach I have to connect effectively with lots of people!

Working with Susan has given me the insight and the skills to make this transition easily, with confidence.

Marianne McPhie • Botanical Painter & Tutor

I approached my day with Susan with a totally open mind and discovered hidden aspects of myself along with the joy of doing something new and different.

It was challenging, yet fun and rewarding —

I certainly want to continue this journey that I feel will enhance so many aspects of my life.

Val Clay • Artist & Tutor

Your Day came as a timely reminder that it does no harm to take a step back to look at our public performance from a different perspective.

It made me think about how I say things not just what I say — very good!

Kiera Bentley • Chief Executive Bucks Vision

### CEREBRA

Thanks very much for the very valuable and enjoyable Day —

I feel I have plenty to practice and have already started to listen more to both my own and others' voices.

I would love to come back for further training in the future.

Gaynor Ellis • CPD Training Coordinator

### CHURCH of ENGLAND

What a huge difference between our initial attempts in the morning and our final 'performance' in the afternoon!

I was amazed at how much progress we had all made in one introductory day.

And it was lovely to be in a small, supportive group of people of various ages and professions.

I look forward to putting it into practice!

Reverend Vickie Sims

The generous spirit, the sensitive tailor-made approach, the beautiful poetry, the very practical help in delivering oneself and the message more confidently have all made a big impact on me and my work.

I would, and do, recommend Susan White's coaching to others very warmly.

Sarah Fenby • Vicar

## DAYS for INDIVIDUALS ... continued

### ROYAL BRITISH SOCIETY of SCULPTORS

Thank you for the stimulating and very rewarding experience of your coaching day.

I felt very comfortable with you and the others –  
able to explore and address the issues around public speaking.

I hope to see you again in 2005.

Almuth Tebbenhof ♦ Sculptor & Board Member

I know exactly what you are thinking ...'*what a good group they were today!*'

Do you know what I'm really thinking?

What a fantastic voice coach you are - YES YOU ARE !!!

You have taught me so much about ME (and spoken voice) that I didn't know existed.

You are an exceptional voice coach and wonderful human being.

Thanks ... many thanks, and I so hope to work with you again in the very near future.

Rohan Farquharson – Nov 2013

### PSYNAPSE BUSINESS CONSULTANTS

I found the Introduction to Voice very useful and really enjoyed the day,  
with its perfect pace and plenty of content for reflection.

Anthony McGarr ♦ Managing Director

### VOLANTI CONSULTING LONDON

One of the comments on the evaluation form for my day-long lecture on China was

*'a great voice to listen to all day!'*

So clearly I've improved as a result of your coaching – thanks!

Sheila Lewis ♦ Director

### SCHOOL of SOUND

I really enjoyed the day.

You were very sensitive to everyone's different needs  
and I came away with lots of ideas and useful information.

It was great fun and such a nice group — I will recommend it to others.

Diane Sider ♦ [www.schoolofsound.co.uk](http://www.schoolofsound.co.uk)

I'm going to put your training into practice sooner than I thought –

and in a way I didn't expect –

BBC Radio 5 Live!

Don't know that I'd have felt OK about doing this, if it hadn't been for your coaching.

What's funnier is that I was in Borders, where they have an open-mic night,

I heard people reading poetry and was even tempted to join in!

Would never have even considered it before.

Ann McMeekin ♦ [RNIB Web Accessibility](#)

# SUMMER PAUSE

You – Your Voice – Your Presence

– 2 days in August –

*First, I am so glad I made time for this.*

*Thank you Susan for creating exactly what this is — [SUMMER PAUSE!](#)*

*Two days to explore the necessary, important aspects of both my personal and professional self. An incredible experience – reminding, refreshing, re-energising, reinforcing ‘how’ it feels to lead. Besides wonderful exercises and meeting others, I now have the ‘secret’ entirely integrated! Please do more, such a valuable, powerful and enjoyable experience.*

*Chief Executive*

*It feels strongly how we were always meant to be, before ‘struggle’ gets in the way. I discovered masses about myself and other people, through Susan’s fascinating, accessible and uplifting [SUMMER PAUSE](#).*

*Lawyer*

*PAUSE strikes a perfect blend of theory, anecdote, inspiration – It’s practical and just the best fun. I used to believe changing inevitably meant confusion, frustration and effort — with [SUMMER PAUSE](#) — it’s brilliant!*

*Agent*

*How to describe [SUMMER PAUSE](#)?*

*Challenging yet fun ... difficult yet easy... stretching yet safe ... structured yet free.*

*It isn’t really possible to describe it ... better just experience it for yourself.*

*It’s rare to find tuition that inspires men and women alike in such a unifying way.*

*Director*

*As a freelance journalist I regularly find myself running around like a headless chicken! Daily life consists of pressure to complete deadlines and running to catch public transport. Without doubt, all this leaves me very rushed, stressed and out of breath. [SUMMER PAUSE](#) gave me a chance to slow down and realise it is OK NOT to feel so busy ... and still achieve everything! Just taking time out to gain composure, through Susan’s simple methods, has helped me relax and stay in control. I cannot recommend this enough.*

*Freelance Journalist*

*I no longer have to push.*

*This profound realisation felt so visceral, simultaneously both felt and thought,*

*— it quite took my breath!*

*Your [SUMMER PAUSE](#) gives me much to reflect upon personally, creatively and professionally — Thank you.*

*Theatre Director*

*Following the [SUMMER PAUSE](#), now when I am with Clients, I am totally present. My mind is not racing ahead thinking what to do. My listening has improved, been enhanced and, as a result, Clients indirectly tell me what they need. I have let go of the need to think ‘which technique’, as I now trust myself.*

*Clinical*

*Hypnotherapist*

*A wonderful, relaxing and rejuvenating experience –*

*This is what I need — love your creativity, love your approach!*

*Actor*

The whole experience yielded much more than I ever imagined.  
Wonderful learning from someone who listens deeply — your two days resonated round my weekend!  
[Hugh Huddy](#) • [Musician & RNIB Best Practice Officer for Accessible Information](#)

I shall miss you, Susan, you and your soft clear voice.  
You added more than a touch of humanity to the Boardroom.  
Thank you for the help and encouragement you gave me in developing my speaking skills.  
Although my Northern Irish origin probably gave me the gift of the gab,  
you showed me how I could use my voice more effectively.  
I'm sure our paths will cross again.  
[Brendan Magill](#) • [RNIB Trustee to 2009](#)  
[Employment and Disability Consultant](#) — [www.magill.co.uk](http://www.magill.co.uk)

I wanted to tell you what a difference the Jan 2004 voice course has made!  
I have since run 7 all-day internal training courses and given a presentation externally.  
I have just submitted a proposal to talk at an international conference,  
something I would never have dreamed of doing, let alone wanted to! Thanks again.  
[Madeleine Sugden](#) • [RNIB e-publishing](#)

Susan's coaching has made a significant difference to my ability to engage and influence audiences of all types.  
I have enormous fun and gain huge benefit from working with her.  
Her knowledgeable, professional approach alongside her informal style, make learning very easy.  
I thoroughly recommend Susan's voice coaching, either 121 or for group development.  
[Lesley-Anne Alexander](#) • [RNIB Chief Executive](#)

Working with Susan has made me more aware of the power and nuances of my voice  
and enabled me to speak with greater confidence and impact.  
I have certainly benefited from investing in voice coaching and recommend Susan to anyone  
who has to communicate ideas and information, regularly, with conviction.  
[Paul Amadi](#) • [RNIB Group Director of Fundraising](#)

The feedback has been outstanding and this is certainly due to your input during the course —

*'I found this course very useful – Susan's voice coaching sessions were especially good'*  
*'I thought the combination of informal approach and the small group work hit the right note'*  
*'The support and advice that Susan gave was most helpful'*  
*'Brilliant at inspiring and illustrating techniques for improving style'*  
*'Having worked with Susan I feel equipped to take on the next speaking challenge'*  
*'Great! Susan's presentation was clear and her communication skills brilliant'*  
*'It has left me a whole lot more confident in undertaking a difficult job'*

It was a joy working with you Susan and I look forward to working with you in the future.  
[Jim Richardson](#) • [RNIB Corporate Training & Development](#)

I enjoyed the course despite wondering before hand why it was suggested to me.  
Just goes to show we can always learn new things and I enjoyed the interaction of the group.  
Since, I have been noticing how people use their voices as well as the different ways  
I can express myself and engage with others, professionally and socially.  
It was a very positive experience receiving tuition and feedback about myself.  
I have your details for when we need voice and self-awareness training for visually impaired students.  
Thanks again for a great experience.  
[David Carrington-Porter](#) • [RNIB Training – Post Compulsory-Education](#)

## CREATIVE WRITERS & POETS

### LONDON METROPOLITAN UNIVERSITY

Having attended a day course I certainly recommend Susan as a teacher able to deliver a varied and interesting programme.

Her exercises, designed to increase skill and confidence, are invaluable for anyone wanting to develop talents in public speaking and performance.

Susan is generous with time and advice — learning takes place in a constructive, caring environment.

As a teacher of Creative Writing, I found many ways to apply the skills taught.

This coaching will benefit the Creative Writing students in developing the personal delivery of their own writing.

[Dr Briar Wood](#) ♦ [Tutor Creative Writing Course](#)

I found the part of the day when we went outside especially useful, although I know the work we'd done all day led up to that experience.

The circular pattern of the courtyard was the perfect arena for our performances.

Breathing into my back made me feel supported, made projecting my voice/self, better.

I remembered this when I went to the Poetry Cafe the next weekend.

Had I not experienced your Voice Day I may not have gone to the Poetry Cafe, so thanks again.

[Lesley Hannah](#) ♦ [Poet](#)

I greatly enjoyed the day with Susan.

I appreciated the very generous feedback she gave me, as she put me in touch with my own poetry and other material.

It was one of the best days of the year for me thus far!

[Jayamitra](#) ♦ [Poet](#)

Today was great fun and really useful.

Particularly having actually experienced transforming the energy of fear into a positive force of voice and communication — rather than usual (failed) attempts to conceal or suppress it.

I feel there's plenty to work on, but also that the impending poetry reading event doesn't seem as completely scary as it did before!

Many, many thanks.

[Emma Plouviez](#) ♦ [Poet & Creative Writer](#)

### WRITERS VOICE DAY 2006

Thanks for a terrific day yesterday — I got so much from it.

I admired the way you put together such a wonderful session full of information, insight and activity — and it was fun!

To do all of that in the sweltering heat is quite something!

[Pam Johnson](#)



# TAILORED VOCAL DEVELOPMENT PROGRAMMES

## SQUIRE & PARTNERS

Architecture

Susan's voice coaching has made me approach public speaking with more confidence.

Mark Way • Partner

Voice Coaching with Susan White has greatly improved my public speaking. I have used the techniques learnt at these lessons to enable me to speak with authority. This improvement has been positively noted by many of my colleagues and clients.

Robert Bochel • Director

The objective at the start for me was to learn how to talk without a visual prompt. I feel I have been successful.

Susan also taught me to consider many things when speaking: volume, pace, eye contact, movement, the importance of practice and rehearsal as well as the value and pitfalls of using humour. Most importantly, the training taught me to be myself when speaking.

William Jefferies • Director

Susan has a very positive approach to her work, which engenders genuine team spirit and a belief in success. Her feedback is grounded in positive and constructive criticism, which is always perceptive and intuitive. I thoroughly enjoyed it and definitely notice the difference in my positivity towards public speaking.

Julia Wright • PR & Communications

## SIR TERRY FARRELL & PARTNERS

Master Planning • Architecture • Urban Design

I have found Susan's work with us to be both constructive and illuminating. Constructive, in that we are very positively developing and building upon our existing skills. Illuminating, in that she has subtly enabled us to reflect on our own virtues and issues — altogether positive and worthwhile.

Neil Bennett

The sessions were good. I found I was getting more depth of expression into my presentation as the course progressed.

Garry Colligan

Susan has allowed us to develop our vocal and presentation techniques in an individual manner. She has not imposed her own idea of what is correct.

Eugene Dreyer

The opportunity to share our experience of presentations as a group has been very helpful. To confront shared anxieties, problems, bad habits and concerns, has been very illuminating. To learn ways to overcome them, invaluable.

John Letherland

Working with Susan, we have not only developed our individual skills in communication and presentation. We have also, perhaps more importantly, appreciated one another's skills to work more effectively as a team.

Julian Tollast

## PROFESSIONAL VOICE & PRESENCE MASTER CLASSES EXPERIENCED ACTORS

It was wonderful to be back in an atmosphere of co-operation, creativity and mutual support.  
I so enjoyed the text — what a find!

*Great to back into a safe learning environment again and blow some of the cobwebs away!  
It was a very varied day, great fun, definitely put me back in touch with my voice ... Thank you.*

Lovely to tune back in to you and your method, not least to realise how much of it is already there,  
yet in need of refreshing. But Susan, it is your love of the language and how best we can savour it,  
use it and free our voices for the sheer joy of it, that makes it all so memorable.  
You always bring us things that have delighted you, to share that delight – a special thank you for that!  
All the very best, and here's to the next time.

*Thank you for all your help and support on both Voice-Over days — you are wonderfully calming!*  
A very enjoyable and developmental day — it was a real bonus to catch up with everyone.

*A massive “thank you” for all your help and support, what a great day!*  
Line-Actioning deliveries were very useful – as actors, so great to spend time doing this.

*Please keep me informed about future dates,  
if I can manage to be in the right place at the right time I shall sign up again.*

Thanks for another great Voice Day.  
The chance to be seaweed was obviously something I needed after last week  
— I could have gone on all day!

*It was very good to connect with everyone again in such a positive, comfortable atmosphere.  
Your coaching always reminds me of all the reasons I love theatre and the spoken word.  
Thank you — I look forward to seeing you again very soon.*

Just wanted to thank you for a great day.  
I found it both useful and entertaining, and it was, as always, good to see you again.

*I enjoyed it all very much, especially the exercise with the canes —  
it was so creative and like nothing I had ever done before.*

I always enjoy your breathing exercises. I know personally I have been neglecting my voice slightly.  
It was great to spend time developing the best physical state before working.

*I enjoy your coaching enormously and always feel reassured and energised by it.  
OK, I have yet to saw up my broom handle ... and what amazing texts.*

Ask about my sponsored **Break-Through Coaching** for actors and exceptional drama students

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Visiting Tutor: • ALRA – Academy of Live & Recorded Arts, London  
• CSSD – Royal Central School of Speech & Drama, London  
• Kingston College (BA Drama Studies), Kingston  
• LMU – London Metropolitan University (Creative Writers & Poets), London  
• University College of Art & Design Falmouth, Devon